## 4 Ways of Watering the Garden & 7 Mansions

| 'Asceticism'<br>Man's Effort | 1 <sup>st</sup> -3 <sup>rd</sup> Mansions<br>Ist Way<br>to Water the Garden | <ul> <li>Prayer of Recollection: going within to be with the Lord, be in his presence, takes practice to become a habit. 'Determined Determination"</li> <li>Steps: Represent the Lord next to or within you; Sign of the Cross; Examination of Conscience; Act of Contrition; Ask the Lord for his friendship; Make an Act of Faith; Relax and Enjoy being in the Lord's PresenceTalk to Him Meditation to begin: Gospel Passage.</li> </ul> |
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| 'Mystical'<br>God Takes Over | 4 <sup>th</sup> Mansion<br>2nd Way<br>to Water the Garden                   | Supernatural Prayer of Recollection usually proceeds the Prayer of Quiet;<br>Of the 3 faculties of the Soul only the Will is 'Seized' by God',<br>the Intellect and Memory are 'FREE'   |
|                              | 4 <sup>th</sup> Mansion<br>3 <sup>rd</sup> Way<br>to Water the Garden       | Prayer of the Sleep of the Faculties- Differs only in intensity<br>not in nature from Prayer of Quiet.<br>Difference of Degree: Virtues   |
|                              | 5 <sup>th</sup> Mansion<br>4th Way<br>to Water the Garden                   | Prayer of Union         All 3 Faculties of Soul 'Seized' by God-Will, Intellect, Imagination  |
|                              | 6 <sup>th</sup> Mansion<br>4th Way<br>to Water the Garden                   | <b>Rapture:-</b> All 3 Faculties of Soul are 'Seized' by God along with the 5 Senses<br>Visions in Images; Intellectual Visions, Transverberation of St. Teresa's Heart   |
|                              | 7 <sup>th</sup> Mansion<br>4th Way<br>to Water the Garden                   | <b>Transformative Union</b> Spiritual Marriage Height of the Spiritual Path   |