BUSY HECTIC LIFE

How is it God, that you have given me this **hectic busy life** when I have so little time to enjoy your presence?

Throughout the day people are waiting to speak with me, and even at meals I have to continue talking to people about their needs and problems.

During sleep itself I am still thinking and dreaming about the multitude of concerns that surround me.

I do all this not for my own sake, but for yours.

To me my present pattern of life is a **torment**; I only hope that for you it is truly a sacrifice of love.

I know that you are constantly beside me, yet I am usually so busy that I ignore you.

If you want me to remain so busy, please force me to think about and love you even in the midst of such hectic activity.

If you do not want me so busy, please release me from it, showing others how they can take **over my responsibilities**.

Prayer attributed to St. Teresa of Avila