

Testimony

I am 50 years old and the mother of a little boy who's now 10. After having had a very active professional life in industry, I became a stay-at-home mom for 10 years; suffice it to say that a new life began.

During the course on prayer I realized that the Lord had been waiting for me for a long time. I learned to pray in a heart to heart with the Father. It was very new and as with other diverse activities in life, it required a certain determination, will and discipline. It gradually became a need, then a habit that nourished me and finally it became a part of who I am.

Without all the noise, you become aware that the Lord is giving you graces to help in your daily life. Even if you don't see the graces, a major 'overhaul' is taking place which caused me to have to face my unresolved 'knots'. This launched me on a personal journey of listening both to myself and others.

As a scientist, and not at all a literary person, it is hard to describe what it was like. If I had to sum it up in one sentence I would say that it is a 'path of life.'

We are in process and silent prayer is truly the path to God. Veronique