As a result I resolved to do the little that was in my power; that is , to follow the evangelical counsels (poverty, chastity, obedience) as perfectly as I could and strive that these few persons who live here do the same. I did this trusting in the great goodness of God...Since we would all be occupied in continual prayer for those who are the defenders of the Church... who protect her from attack, we could help as much as possible this Lord of mine who is so roughly treated by those for who He has done so much good; it seems these traitors would want him to be crucified again... Carmel Clarion April-June 2010 pg 24 (W 1 1.5)