

What is the Goal of Silent Prayer?

The whole **aim** of any person who is beginning prayer—and don't forget this, because it's very important—should be that he work and prepare himself with **determination** and every possible effort to bring **his will** into **conformity with God's will**. Be certain that, as I shall say later, the **greatest perfection** attainable along the spiritual path lies in this conformity. It is the person who lives in more perfect conformity who will receive more from the Lord and be more advanced on this road. Don't think that in what concerns perfection there is some mystery or things unknown or still to be understood, for in **perfect conformity** to God's will lies all our **good**. c 2, 8