

## The Nature of Her Book kk

Teresa's book is not an autobiography; nor is it an intimate diary. What she deals with mainly are the supernatural (infused or mystical) realities of the interior life. Autobiographical material is used as a backdrop against which she outlines the existence and value of the favors of God. The biographical data comprise two levels, on exterior, the other interior. The exterior level deals with the historical facts. The interior level deals almost exclusively with the mystical facts.

### Exterior Events of her life

1515-1535	20 years	Family Life
1535-1562	27 years	Describe her Carmelite Life in the Incarnation Monastery
1562-1565	3 years	Her life at St. Joseph's
1565-1582	17 years	Expansion of the Discalced Order, her mission until she died

## Interior Events of her life

Early Age		Received God's Abundant Grace
Early 20s		Initial Experiences in Mystical Prayer (frustrated God's work: abandoned prayer and interior life; His mercy was victorious!)
1535-1554	20-39 yo	Ascetical Life
1554	39 yo	Conversion (Ch.9: 1, 8)
1554-1556		Inpouring of Mystical Graces, Feelings of God's Presence, Passive Recollection, Quiet & First Tastes of Union (Ch. 9:9; 10:1)
1557	42 yo	First Locutions & Rapture (ch.19:9; 25:5)
1558-60		In obedience to her Confessor, she resisted locutions & raptures (ch.25: 1-15; 27:2)
1560	(June)	First Intellectual Vision of the Humanity of Christ (ch.7:2)
1561-1563	(January)	First Imaginative Vision of the Sacred Humanity in its Risen Form (ch.28:3) (ch.29:2)
1563-1565)		Impulses of Love, Spiritual Wounds of Love-Transverberation (ch.29:10) It feels that the only remedy for this painful sickness is death.
1572-82	Interior Castle (Not in Life) 7 DP	Spiritual Marriage