

THIS IS MY FATHER

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You know, I have often travelled the roads in my country with my disciples, and several times, they witnessed me withdraw to a deserted place to pray.

One day one of them asked me to teach them to pray the way John the “Baptist” did with his followers...

So I showed them, in a simple way... I had you in my heart that day, you who are reading/listening to this... it's to you too that I say: **“When you pray, say: Father...”**

If I told you today what is to be found in the depths of my heart, I would only use one word: **Father**.

If I showed you the depths of my heart, and I do to whomever I wish, you would see that it is infinitely simple within me, yes ... an infinitely simple gesture: **I am turned towards my Father. My Father looks at me and I look back at Him, in love.** It is the position that I always adopt to pray; it is the position that touches me deeply.

If, I, Jesus, asked you when you pray to say “Father”, it's that I want to completely take a hold of your deep heart, and bring you along with me to look at my Father ... and your Father in love.

If only you knew my Father's heart... it would be you continually asking me: “Jesus, take my hand and let's pray to the Father...”

My Father, (and yours!), does not want you to remain a prisoner of yourself, looking at your sins, wounds, woes, or those of others, without having first looked at Him, with me, Jesus. **This is my Father!**

He and I both want your life to be about a movement towards the Father, in the Father, for the Father, and with me as your path. **This is my Father!**

First of all, He wants to tell you that He loves you, well-established in Him as His beloved son or daughter. Here, He wants to fill you with peace, free you, and deeply console you.

Only after this will He allow you to look at your life and the lives of others in order to care for them. You will experience an important draw towards others, but this will arise from the heart of the Father, and with Me you will love those that He puts on your path, yourself being the first... **This is my Father!**

Let the name “FATHER” descend down into your heart during prayer; this little six-letter word contains the richness of the Father's heart... it is there that I want to lead you when you take my hand; when the Holy Spirit gently overcomes you.

But when you feel abandoned, your heart turns cold and you lack loyalty, in the middle of all this, well then, say with me: FATHER ... don't forget...

When you are taken prisoner or are overcome by the different types of idols in your life; when there is no light at the end of the tunnel, well then, say with me: FATHER... don't forget...

When your pain is stronger than your desire to live, well then, say with me:
FATHER...don't forget...

When you are nailed to a cross that you didn't choose but experience each moment, well then, say with me, and especially not without me: FATHER... don't forget...

When you discover Mary in your life, gently, as one who can no longer resist, as one who was sent by my Father to be your mother too, not only mine, well then, say with me: FATHER... don't forget...

You know that I am the way, but towards the Father, don't forget!

The Spirit of Love ... and Mary, and the Church, are the gifts of the Father so that you will be happy on this earth which is under your control.

Perhaps that seems like a great mystery to you? Let me enter into your heart... and I will have you enter my son's heart where you will find the heart of the Father and all the rest too! Because in me He said it all, He gave it all... This is my Father!

You feel quite unworthy to welcome me into your home... Ask "your" mother, Mary, to prepare the soil for me... She has seen others. With all the straw that she finds in your heart, with all the old planks of wood and the old rusty nails of your life, she will make me a cradle that is worthy of a King.

It is the only one I want, because it is the only one where I feel at home and close to you, I am just like that...! Because my Father is like that! Like Father... Like Son!

It's cold in your heart? Well, I am even colder out here, outside your heart...
Open your heart, won't you?

Together we will light a little fire saying together:

"FATHER", don't forget...

This is "our" Father!!

Your brother, Jesus