

Script J1 Our Father: “Who art in Heaven”: Prayer of Recollection

--Way of Perfection, Chp. 28

Come Holy Spirit, Fill the hearts of Your faithful, kindle in them the fire of Your love.
Send forth Your Spirit, they shall be created, You shall renew the face of the earth;
Through Christ Our Lord. AMEN

No Need to say every Line

<p>1/ Preparation</p> <p>Close your eyes ... so that the sight might be more awake to things of the soul.</p> <p>It is important to know ... where to seek your Father who art in heaven...</p> <p>Know His court attendants never leave Him alone. They beseech Him on your behalf; they are full of charity.</p> <p>It's a way of slowing down the wandering mind & recollecting the soul.</p> <p>This good method of prayer is called recollection, it brings many blessings.</p> <p>The divine Master comes more quickly to teach the soul and give it the prayer of quiet than through any other method.</p>	<p>3/ Intimate Sharing with Christ</p> <p>So, there is no need to go to heaven to speak with your Eternal Father ...</p> <p>Nor is there a need to shout, however softly we speak, He is near enough to hear us</p> <p>With great humility speak to Him as to a father.</p> <p>Beseech Him, tell him about your trials,</p> <p>Ask Him for a remedy, realizing that you are not worthy</p>
<p>2/ Meet Christ</p> <p>Imagine that you are within the extremely rich palace of your soul built entirely of gold and precious stones.</p> <p>No edifice is as beautiful as a soul pure and full of virtues. The greater the virtues, the more magnificent the jewels.</p> <p>Imagine, too, that this mighty King, your Father, dwells in this palace & is seated upon the throne of your heart.</p> <p>Go into solitude; look at the Lord who is within you, it is there you must be with Him.</p> <p>Give yourself to Him with complete determination. He doesn't give Himself completely until we give ourselves completely.</p> <p>Strive to empty the soul so that He can add or take things away from it...</p>	<p>4/ Conclusion</p> <p>If you can enclose yourself within the little heaven of your soul, where the Maker of heaven and earth is present... believe you are following an excellent path.</p> <p>You will not fail to drink water from the fount and will journey far in a short time.</p> <p>It's the path of heaven.</p> <p>Practice recollection, get used to it... the gain will be clearly seen.</p>

